

Name of the organization: Department of Indian System of Medicine & Homoeopathy, Himachal Pradesh.						
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Title of the proposal: - Anaemia free Himachal.						
Area of operation :- (Area of Implementation) :- 6 Blocks in 2 Districts of Himachal Pradesh .						
Objectives	Details of Project Launched	Deliverables expected from the proposal	Fund released	UC position	Major points of field visits	Remarks
<p>To prevent and treat anaemia. To eradicate Anaemia from Himachal Pradesh. To educate people of AYUSH Dincharya, Ritucharya and Aahaar-vihar seven and as to make them habitual to adopt health AYUSH life style. To develop a system with the co-operation and integration of District Health and AYUSH Services and other related agencies like Education, Social Justice and Women Empowerment, PRIs, NGO for</p> <p>a) Improving management information system b) Supporting training and IEC system and to test its impact on qualitative and quantitative performance of AYUSH interventions in Health Care Delivery System.</p> <p>To survey population to identify / set the face line/ bench mark on incidence of Anaemia and factors causing anaemia in Himachal Pradesh. Identification of anaemia prone area, communities in 75 blocks of H.P. Identification of trainers to be trained during "Anaemia free Himachal" programme. Training of Trainers for</p> <p>i. Survey and assessment of Anaemia ii. Nutrition / diet patterns. iii. Safe and potable water. iv. Safe motherhood and child care. v. Promotion of low cost home remedies and recipes useful in anaemia and malnutrition.</p>	<p>The proposal was considered in the meeting of the Project Approval Committee on 05.09.2008 chaired by the Secretary (AYUSH). The committee approved the project for Rs. 100.00 lakhs . It has been decided that CCRAS should monitor the project through its unit at Mandi fro three blocks. The study will involve a control group on iron and folic acid. The protocol shall be got approved by CCRAS before starting the study. Extension of the project beyond 12 months and the cost will be based on mid-term appraisal after six months.</p>	<p>At least 4000 people from each Block shall be selected for this programme and followed up regularly. After selection of clients proper diagnose, they will be properly educated regarding disease, diet plan, recipe in, medicines and personal hygiene etc. According to severity of disease the medicine will be administrated regularly for 3 to 6 months. Then after a gap of 3 – 6 months again medicine will be given for another 3 to 6 months. During this period proper monitoring and evaluation at six months interval will be done and at last semester final evaluation and assessment, the data so collected will be statistically analyzed and project report will be prepared and submitted to Government of India. After the completion of the campaign in 75 blocks distributed in 12 districts of Himachal Pradesh, minimum 3 lakhs clients will be benefited from this project and in long run this campaign will continue in state by the existing, manpower and infrastructure available with the State Government.</p>	<p>Rs 60.00 lakhs has been released as 1<sup>st</sup> installment in 2008-09.</p> <p>The Department has either received any UC nor any Expenditure statement from the organization, even after repeated requested from various levels.</p>	<p>The UC of 1<sup>st</sup> installment I spending</p>	<p>Not done.</p>	<p>Due to unavailability of UC the Department is unable to release the 2<sup>nd</sup> installment.</p>

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