

CENTRAL COUNCIL FOR RESEARCH IN YOGA & NATUROPATHY

Research Institutes/Units state-wise with research projects and other activities during the last three years and the current year

Sl. No	Name of the State/U.T	Name of Institute/Unit	Assignments and other Activities 2008-09	Assignments and other Activities 2009-10	Assignments and other Activities 2010-11	Assignments and other Activities 2011-12
1.	Andhra Pradesh	Add Life-PRAKRUTI, Indo American Cancer Institute & Research Centre, Hyderabad	-	Clinical Research Efficacy of Naturopathy & Yoga therapy as an adjuvant in the management of Non-Hodgkin's Lymphoma [NHL]	Clinical Research Efficacy of Naturopathy & Yoga therapy as an adjuvant in the management of Non-Hodgkin's Lymphoma [NHL]	Clinical Research Efficacy of Naturopathy & Yoga therapy as an adjuvant in the management of Non-Hodgkin's Lymphoma [NHL]
2.	Delhi	Department of Biophysics, AIIMS, New Delhi	Clinical Research Randomized Clinical Trial (RCT) of Reflexology Therapy and usual drug treatment in the Management of intractable Epilepsy	Clinical Research Randomized Clinical Trial (RCT) of Reflexology Therapy and usual drug treatment in the Management of intractable Epilepsy Completed in 2009	-	-
3.		Department of Psychiatry, Dr. R.M.L. Hospital, New Delhi	Clinical Research An exploratory analysis of genetic correlates and effects of Yoga on circadian rhythms, cognitive functions and social burden in major mental disorders: schizophrenia, bipolar disorder and depression and their comparison with a cardiac group (Collaborative project between CCRYN and Dr. RML Hospital)	Clinical Research An exploratory analysis of genetic correlates and effects of Yoga on circadian rhythms, cognitive functions and social burden in major mental disorders: schizophrenia, bipolar disorder and depression and their comparison with a cardiac group (Collaborative project between CCRYN and Dr. RML Hospital)	Clinical Research An exploratory analysis of genetic correlates and effects of Yoga on circadian rhythms, cognitive functions and social burden in major mental disorders: schizophrenia, bipolar disorder and depression and their comparison with a cardiac group (Collaborative project between CCRYN and Dr. RML Hospital) Completed in 2010	-
4.		Department of Physiology, AIIMS, New Delhi	Clinical Research A study to assess acute mental stress induced changes in EEG, cognitive behaviour and	Clinical Research A study to assess acute mental stress induced changes in EEG, cognitive behaviour and	-	-

			neurosteroids across the menstrual cycle and effect of meditation on stress-induced changes	neurosteroids across the menstrual cycle and effect of meditation on stress-induced changes Completed in 2010		
5.		OPD (Yoga & Naturopathy) run by CCRYN at Safdarjung Hospital, New Delhi	Clinical Research Efficacy of Yogic intervention for the management of migraine-a randomized controlled trail	Clinical Research Efficacy of Yogic intervention for the management of migraine-a randomized controlled trail Completed in 2010	■	■
6.		Department of Laboratory Medicine, AIIMS, New Delhi	Clinical Research Effect of Yoga on Serum Interleukin levels in Adolescents with Depression	Clinical Research Effect of Yoga on Serum Interleukin levels in Adolescents with Depression	Clinical Research Effect of Yoga on Serum Interleukin levels in Adolescents with Depression	Clinical Research Effect of Yoga on Serum Interleukin levels in Adolescents with Depression
7.		Deptt. of Neurology, Sir Ganga Ram Hospital, Rajinder Nagar, New Delhi	Clinical Research A Randomized Controlled Trial of Yoga to manage the adverse stress reactions at work in health professionals	Clinical Research A Randomized Controlled Trial of Yoga to manage the adverse stress reactions at work in health professionals Completed in 2010	■	■
8.		Department of Physiology, Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi	■	Clinical Research Comparison of cardiovascular autonomic functions in two groups of myocardial infarction patients (age 30-55 years): A randomized trial involving 2 groups of patients (1) on pharmacotherapy alone (2) on Yoga & life style intervention therapy & pharmacotherapy	Clinical Research Comparison of cardiovascular autonomic functions in two groups of myocardial infarction patients (age 30-55 years): A randomized trial involving 2 groups of patients (1) on pharmacotherapy alone (2) on Yoga & life style intervention therapy & pharmacotherapy	Clinical Research Comparison of cardiovascular autonomic functions in two groups of myocardial infarction patients (age 30-55 years): A randomized trial involving 2 groups of patients (1) on pharmacotherapy alone (2) on Yoga & life style intervention therapy & pharmacotherapy.
9.		Adhyatma Sadhana Kendra, Chhattarpur, New Delhi	■	Clinical Research Comprehensive Effect of Preksha Meditation and Lifestyle Change on Coronary Heart Disease-A Randomized Controlled Trial	Clinical Research Comprehensive Effect of Preksha Meditation and Lifestyle Change on Coronary Heart Disease-A Randomized Controlled Trial	Clinical Research Comprehensive Effect of Preksha Meditation and Lifestyle Change on Coronary Heart Disease-A Randomized Controlled Trial
10.		Deptt. of Physiology, U.C.M.S., G.T.B. Hospital, Dilshad Garden, Delhi.	■	■	Clinical Research The effect of Yoga Therapy on Coagulation Profile, Lipid profiles, Lung Diffusion capacity and Quality of Life in Patient s with Coronary Artery Disease	Clinical Research The effect of Yoga Therapy on Coagulation Profile, Lipid profiles, Lung Diffusion capacity and Quality of Life in Patient s with Coronary Artery Disease

11.	Karnataka	Department of Neurophysiology, NIMHANS, Bangalore	Clinical Research Assessment of the efficacy of Vipassana Meditation on different age groups: A polysomnographic and Endocrine function evaluation Completed in 2009	—	—	—
12.		ALN Rao Memorial Ayurvedic Medical College, Koppa-577 126, Chikmagalur Dist.,Karnataka	Clinical Research A study of efficacy of Yogic and Naturopathy measures in Varicose Veins	Clinical Research A study of efficacy of Yogic and Naturopathy measures in Varicose Veins	Clinical Research A study of efficacy of Yogic and Naturopathy measures in Varicose Veins	Clinical Research A study of efficacy of Yogic and Naturopathy measures in Varicose Veins
13.		Nature Cure, Yoga, Acupuncture & Physiotherapy Hospital, Nisarga Trust (R), Nadig Galli, Sirsi-581 401 (N.K.),Karnataka	Clinical Research Randomized Control Trial to evaluate the effectiveness of cold and hot immersion baths on impaired glucose tolerance in pre-diabetes	Clinical Research Randomized Control Trial to evaluate the effectiveness of cold and hot immersion baths on impaired glucose tolerance in pre-diabetes	Clinical Research Randomized Control Trial to evaluate the effectiveness of cold and hot immersion baths on impaired glucose tolerance in pre-diabetes	Clinical Research Randomized Control Trial to evaluate the effectiveness of cold and hot immersion baths on impaired glucose tolerance in pre-diabetes
14.		Bharath Charitable Cancer Hospital & Institute, #18-19, Hebbal Industrial Area, Metagally Post, Mysore-570016	Clinical Research Comparison of effects of yoga vs. relaxation on CINV outcomes following adjuvant chemotherapy	Clinical Research Comparison of effects of yoga vs. relaxation on CINV outcomes following adjuvant chemotherapy	Clinical Research Comparison of effects of yoga vs. relaxation on CINV outcomes following adjuvant chemotherapy	Clinical Research Comparison of effects of yoga vs. relaxation on CINV outcomes following adjuvant chemotherapy
15.		INYS Medical Research Society, Tumkur Road, Bangalore	—	Clinical Research Efficacy of Mustard pack on knees in Osteo-arthritis	Clinical Research Efficacy of Mustard pack on knees in Osteo-arthritis	Clinical Research Efficacy of Mustard pack on knees in Osteo-arthritis
16.		Swami Vivekananda Yoga Anusandhana Samsthan, 19, Eknath Bhavan, Gavipuram Circle, Kemppegowda Nagar, Bengaluru	—	Clinical Research The effect of Yoga in prevention of pregnancy Complications in High Risk Pregnancies	Clinical Research The effect of Yoga in prevention of pregnancy Complications in High Risk Pregnancies	Clinical Research The effect of Yoga in prevention of pregnancy Complications in High Risk Pregnancies
17.		Snehakunja Trust @, Vivekananda Arogyadhama,Kasarkod, Honnavar, North Kenra, Karnataka	—	Clinical Research Comparison of effects of two Yoga interventions versus Exercise therapy in the management of mechanical Low Back Pain	Clinical Research Comparison of effects of two Yoga interventions versus Exercise therapy in the management of mechanical Low Back Pain	Clinical Research Comparison of effects of two Yoga interventions versus Exercise therapy in the management of mechanical Low Back Pain

18.		Department of Neurophysiology, National Institute of Mental Health & Neurosciences, Bangalore	■	Clinical Research Effect of Yoga & Hydratic application on migraine-A Clinical, Electrophysiological and Immunological study	Clinical Research Effect of Yoga & Hydratic application on migraine-A Clinical, Electrophysiological and Immunological study	Clinical Research Effect of Yoga & Hydratic application on migraine-A Clinical, Electrophysiological and Immunological study
19.		Sanskriti Foundation, No.1448/1,5 th Cross, Krishnamurthypuram, Mysore	■	Literary Research Preparation of comprehensive dictionary of Yoga(Based on Traditional Sanskrit Yoga works)-In print and Electronic Formats	Literary Research Preparation of comprehensive dictionary of Yoga(Based on Traditional Sanskrit Yoga works)-In print and Electronic Formats	Literary Research Preparation of comprehensive dictionary of Yoga(Based on Traditional Sanskrit Yoga works)-In print and Electronic Formats
20.	Maharashtra	The Lonavla Yoga Institute Lonavla- 410 401, Pune		Literary Research A study of the Therapeutical effect of various Yogic techniques from the traditional Yoga texts	Literary Research A study of the Therapeutical effect of various Yogic techniques from the traditional Yoga texts Completed in 2010	■
21.		The Lonavla Yoga Institute, Lonavla-410401, Pune	■	Literary Research Amanaska Yoga (A Critical Edition) Completed in 2010	Literary Research Amanaska Yoga (A Critical Edition) Completed in 2010	■
22.	Uttar Pradesh	Deptt. of Physiology, King George Medical University, Lucknow		Clinical Research Effect of Yogic Practices on Serum Lipid Profile & Insulin Resistance in Obese subjects	Clinical Research Effect of Yogic Practices on Serum Lipid Profile & Insulin Resistance in Obese subjects	Clinical Research Effect of Yogic Practices on Serum Lipid Profile & Insulin Resistance in Obese subjects
23.	Uttrakhand	Yog Research Department, Patanjali Yogpeeth, Haridwar	■	Clinical Research Effect of Yoga on Physical, Cognitive and Emotional Development in Children	Clinical Research Effect of Yoga on Physical, Cognitive and Emotional Development in Children	Clinical Research Effect of Yoga on Physical, Cognitive and Emotional Development in Children
24.		Yog Research Department, Patanjali Yogpeeth, Haridwar	■	Clinical Research Effect of a Yoga Program on Anthropometric and Biochemical Measures in Obese Persons	Clinical Research Effect of a Yoga Program on Anthropometric and Biochemical Measures in Obese Persons	Clinical Research Effect of a Yoga Program on Anthropometric and Biochemical Measures in Obese Persons
25.	West Bengal	Indian Research Institute for Integrated Medicine (IRIIM), Howrah, W.B.		Clinical Research Development of Traditional Tongue Diagnosis aided by Information Technology for standardization of Nature Cure Diagnostic Methods	■	■
	North - East Region					
26.	Manipur	Yoga and Nature Cure Home, Khundrakpam Awang Leikai, Imphal		Clinical Research Naturopathy and Yoga Intervention for post-stroke Rehabilitation &	Clinical Research Naturopathy and Yoga Intervention for post-stroke	Clinical Research Naturopathy and Yoga Intervention for post-stroke Rehabilitation & Quality of Life

		East, Imphal Saikul Road, P.O. Pangei-795 114, Manipur	Quality of Life Improvement-a controlled study	Rehabilitation & Quality of Life Improvement-a controlled study	Rehabilitation & Quality of Life Improvement-a controlled study	Improvement-a controlled study
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