

Name of the organization: Swami Vivekananda Yoga Anusandhan Sansthan, Bangalore, Karnataka.						
Name and Address and Contact no of the contact person:- Mr. Nagendra (VC) Gavipuram Circle, Eknath Bhawan, Bangalore, Karnataka.						
Title of the proposal: - Yoga for Diabetes.						
Area of operation :- (Area of Implementation):-						
Objectives	Details of Project Launched	Deliverables expected from the proposal	Fund released	UC position	Major points of field visits	Remarks
The objectives of the proposal is to adopt this great contribution of Yoga to reverse the growing trend of Diabetes in the country to prevent India becoming the DM capital of the world and go down in its presence in the world spectrum on the other side. The	The proposal has been considered in the meeting Project Approval Committee and the Committee approved the proposal with Rs. 90 lakhs for the period of 1 year. Rs. 10 lakhs will be given to the CCRYN for proper	<ul style="list-style-type: none"> ▪ 5000 patients with type – II diabetes in each city would be taken. (Total 30 cities will be taken). ▪ Age – 30 – 65 yrs. Both sexes will be taken. ▪ Public announcement 	Rs 90 lakhs has been released as one time installment to the organization in 2009-10. Rs 10 lakhs has been released to CCRYN in 2009-10 for monitoring the project.	UC of 1 st installment liquefied for the organization amounting Rs 90 lakhs. But, no UC has been received form CCRYN.	The organization has been visited by Joint Secretary (AYUSH) and Project Officer from the Department.	All instalments gone. Final reports received.

<p>world is taking advantage of the popularity of Yoga by large scale adoption of the total approach of Yoga, with this modern pandemic. That would be a great contribution of India to World.</p>	<p>monitoring of the project</p>	<p>will be made through local newspapers, handouts, televisions etc. for subject to enroll for this project at existing Yoga centers of NGOs like Bharatiya Samsthan. Senior Research Fellow & Junior Research Fellow appointed for the GDP, will help in arranging, co-ordination monitoring and obtaining the data for the project.</p> <ul style="list-style-type: none"> ▪ Orientation 				
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		<p>Training Programme for the service oriented experienced Yoga Teachers of these NGO's will be conducted for two weeks by the senior faculty of the NGO's under the guidance of VYASA team. All these teachers will work on voluntary basis.</p> <ul style="list-style-type: none">▪ The recruitment of the subjects who sign the informed consent from to participate in te year long study will be				
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		<p>done at about 60 centers spread out different in parts of the city, with an aim to recruit 100 subjects for each centers. We hope to complete 3500 subjects in first year and 1500 in second year of the study.</p> <p>Trained instructor will teach the Yoga module of IAYT in these for 2 hours / day, 5 days/week fro 2 weeks. After the programme the subjects will be encouraged to attend regular ongoing classes all year round in the nearby centers. Monitoring of the attendance will be done</p>				
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		<p>in these centers by maintaining an attendance book. For those who cannot come to the center for daily practice through out the year, a monthly visit for 2 hours to attend the class followed by interaction with the teachers for feedback of health status will be arranged.</p>				
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