

**Name of the Disease for which patient generally visited the hospitals /dispensaries (top 10 disease)
under various research Councils/Institutes**

S. No.	Name of the Council/Institute	Hospital (IPD) Name of Diseases	Hospital (OPD) Name of Diseases	Dispensaries (OPD) Name of Diseases
(1)	Central Research Institute of Unani Medicine, New Delhi	Bars (Vitiligo)	Waja-al-Mafasil (Rheumatoid Arthritis)	Nazla-e-Zukam (Common Cold)
		Waja-al-Mafasil (Rheumatoid Arthritis)	Bars (Vitiligo)	Humma (Fever)
		Suda (Headache)	Su-al-Hazm (Dyspepsia)	Nar Farsi (Eczema)
		Daul Feel (Filariasis)	Qabz (Constipation)	Waja-al-Mafasil (Rheumatoid Arthritis)
		Amraz-e-Mafasil (Joint disease)	Sayalan al-Rahim (Leucorrhoea)	Diq al-Nafas (Bronchial asthma)
		Hasaah-al-Kulya (Nephrolithiasis)	Humma (Fever)	Zaheer (Dysentery)
		Ilthehab-e-Tajaweef-e-Anif (Sinusitis)	Waja al-Zahr (Backache)	Bawaseer-e-Damiya (Bleeding Piles)
		ZaqtuddamQawi (Essential Hypertension)	Diq al-Nafas (Bronchial asthma)	Suda (Headache)
		Ilthehab-e-Kabid Had (Jaundice)	Suda (Headache)	Da al-Sadaf (Psoriasis)
		Da al-Sadaf (Psoriasis)	Nar Farsi (Eczema)	Qabz (Constipation)
(2)	Central Council for Research in Siddha, Chennai		Azhal Keel Vayu (Osteoarthritis)	
			Neerizhivu (Diabetes Mellitus)	
			Kalanjagapadai (Psoriasis)	
			Peenisam (Sinusitis)	
			Thandaga Vatham (Lumbar spondylosis)	
			Irumal (Bronchitis)	
			Gunmam (Acid peptic disease)	
			Karappan (Eczema)	
			Sinaipai neerkatti (Poly cystic ovarian syndrome)	
			Iraippu Noi (Bronchial asthma)	
(3)	Central Council for Research in Homoeopathy, New Delhi	Osteoarthritis	Osteoarthritis	Ring worm/Tinea Corporis/Curiris/Tinea Infections
		Chronic Upper Respiratory Tract Infections, Asthma	Dermatitis (Atopic/Seborrhoeic/Contact/Eczema)	Dermatitis (Atopic/Seborrhoeic/Contact/Eczema)
		Cervical/ Lumber Spondylosis	Cervical/Lumber Spondylosis	Osteoarthritis
		Schizophrenia	Acute upper respiratory tract infections	Polyarthritis
		Alcoholism	Myalgia/Fibro Myalgia	Common Cold and Rhinitis
		Insulin-dependent diabetes mellitus	Cough	Cervical/Lumber Spondylosis

		Epilepsy	Sciatica/Low Back Pain	Sciatica/Low Back Pain
		Dermatitis (Atopic/Seborrhoeic/Contact/Eczema)	Non-Insulin-dependent diabetes mellitus	Gastritis/Acid Peptic Dyspepsia/Gastro Esophageal Reflux Disease
		Cough	Gastritis/Acid Peptic Dyspepsia/Gastro Esophageal Reflux Disease	Haemorrhoids/Piles
		Varicose veins	Acute upper respiratory tract infections	Arthralgia
(4)	Central Council for Research in Ayurvedic Sciences, New Delhi	Sandhi shoola	Sandhishoola	
		Netra Roga	Twaka Roga	
		Kati shoola	Sandhivata	
		Vata Roga	Arsa	
		Pakshaghata	Udara Shoola	
		Gridhrasi	Netra Roga	
		Amavata	Kasa	
		Bhagandar	Parikartika	
		Amlapitta	Katisula	
Stree Roga	Daurbalya			
(5)	Central Council for Research in Yoga & Naturopathy, New Delhi	General OPD & IPD	General OPD	Obesity
				Diabetes Mellitus II
				Hypertension
				Osteo Arthritis
				Lumbar Spondylosis
				Gastritis
				Asthma
				Constipation
				Cervical Spondylosis
Anxiety and Depression				
(6)	National Institute of Naturopathy, Pune	HIV+VE		Metabolic Disorders (Diabetes, Obesity, Thyroid disorders)
				Spinal Disorders (Spondylosis, IVDP, Spondylitis, Spondylolisthers)
				Joints and muscular diseases (O.A., R. A., Myalgia)
				Cardio Vascular diseases (Hypertension, CAD, Dyslipidemia)
				GIT disorders (Hyperacidity, Constipation, IBS, Hemorrhoids).
				Skin diseases (Psoriasis, Dermatitis)
				Gynae Disorders (PCOD, Menstrual disorders, cancer)
				Respiratory disorders (Asthma, Sinusitis, Other COPD).
				Neurological disorders (Parkinson's, Paralysis, Epilepsy, CTS)
Migraine				

(7)	National Institute of Homeopathy , Kolkata	Muscle and Connective tissue	Diabetes Mellitus	
		Genito Urinary System Disease	Rheumatic Disorder	
		Digestive System Disease	Mother and Child disorders	
		Circulatory System Disease	Acute Gastritis	
		Nervous System Disorder	Osteo-arthritis	
		Respiratory System Disorder	Antenatal Care	
		Infectious & Parasitic Disorder	Female Infertility	
		Neoplasm	Vitiligo	
		Endocrine & metabolic Disorder	Cataract	
Skin and Sub cutaneous Tissue	Menstrual Disorder & PCOD			
(8)	National Institute of Unani Medicine , Bangalore	Wajaul Mafasil (Arthritis)	Wajaul Mafasil (Arthritis)	Wajaul Mafasil (Arthritis)
		Falij Nisfi (Hemiplagia)	Ziabetes Shakri (Diabetes Mellitus)	Wajaul Zohar (Low Backache)
		Wajaul Zohar (Low backache)	Bras (Leucoderma)	Ziabetes Shakri (Diabetes Mellitus)
		Bwaseer (Haemorrhoids)	Falij Nifse (Paralysis)	Zeequnafas (Asthma)
		Ziabetes Shakri (Diabetes Mellitus)	Waram Unuqurraham (Cervicites)	Zight ud dam Qavi (Hypertension)
		Uqar (Infertility)	Sailannurreham (Leucorrhoea)	Waram Unuqurraham (Cervicites)
		Post Menopausal Syndrome	Kasarat Tamas (Menorrhagia)	Bawaseer (Haemorrhoids)
		Kasarat Tamas (Menorrhagia)	Bawaseer (Haemorrhoids)	Hisate Kulliya (Renal Calculi)
		Zeequnafas (Asthma)	Wajaul Zohar (Low Backache)	Samane Mufarat (Obesity)
		Dawali (Vericose Vein)	Uqar (Infertility)	Fasade dam (Skin Disorder)
(9)	National Institute of Siddha, Chennai	Pakka Vatham (Paralysis)	Madhumegam (Diabetes)	
		Thandaga Vatham (Lumbago)	Azhal Keel Vayu (Osteo arthritis)	
		Azhal Keel Vayu (Osteo arthritis)	Thandaga Vatham (Lumbago)	
		Sira Thamba Vatham (Cerebral Palsy)	Keel Vayu (Rheumatoid Arthritis)	
		Kalanjagapadai(Psoriasis)	Karappan (Eczema)	
		Vali Azhal Keel Vayu (Poly Arthritis)	Kalanjagapadai (Psoriasis)	
		Perumbadu(Menorrhgia)	Vatha Soolai (Arthritis)	
		Sagana Vatham (Cervical Spondylosis)	Kasam (Respiratory diseases)	
		Madhumegam (Diabetes)	Gunmam (Acid Peptic diseases)	
		Vatha Soolai (Arthritis)	Ovammai (Dermatitis)	
(10)	North Eastern Institute of Ayurveda &	Ayurveda IPD	Ayurveda OPD	
		Gridhrasivata	GIT disorders	
		Pakshaghata(post CVA hemiplegia/ Haemiparesis)	Hypertension	
		Arsha(Haemorrhoids)	Gridhrasivata (PIVDs))	
		Sandivata(Osteoarthritis)	Madhumeha(Diabetes Mellitus)	
		Katigraha(Lumbar spondylosis)	Amavata(Rheumatoid Arthritis)	
		Amavata(Rheumatoid Arthritis)	Sandigatavata(Osteoarthritis)	
		Biswachi(Cervical Reticuolopathy)	Tamaka Swasa(Respiratory disorders)	
		Tamaka Swasa(Respiratory disorders)	Hypothyroidism	
		Ardita(Facial Palsy)	Kustha(Skin disorders)	
	Biswachi(Cervical Reticuolopathy)			

	Homoeopathy, Shillong	Homoeopathy IPD	Homoeopathy OPD	
		Upper respiratory tract infection	Upper respiratory tract infection	
		Enteritis	Gastritis	
		Viral fever	Lower respiratory tract infection	
		Acute Gastritis	Dermatitis	
		Pyoderma	Scabies	
		Anaemia	Arthritis	
		Eczema	Bronchial Asthma	
		Migraine	Acne Vulgaris	
		Traumatic ulcers	Hypertension	
		Neonatal jaundice	Dermatophytosis	
(11)	North Eastern Institute of Folk Medicine, Pasighat		Asthi/ majja Vaha Srotas Roga (Bone/ joints disorder)	Asthi/ majja Vaha Srotas Roga (Bone/ joints disorder)
			Mamsa Vaha Srotas Roga (Mascular Skeletal)	Mamsa Vaha Srotas Roga (Mascular Skeletal)
			Artav Vaha Srotas Roga (Gynecological disorders)	Artav Vaha Srotas Roga (Gynecological disorders)
(12)	Institute for Postgraduate Teaching & Research in Ayurveda, Gujarat	Garbhini (Ante natal check up, Intra uterine growth retardation, Fever, morning sickness etc)	Madhumeha (Diabetes)	
		Vata vyadhi, Sandhivata, katigata vata	Sandhi-Vata (Osteoarthritis)	
		Infertility	Garbhini (Antenatal check up)	
		Garbhashaya Mukhagata Vrana (Cervical erosion)	Vandhyatva (infertility)	
		Navajata Shishu (Neonatal care)	Pratishyay (common cold)	
		Arsha (Anal piles)	Timir (blindness)	
		Pakshaghat (Paralysis)	Ajeerna/ Agnimandya (Indigestion)	
		Polycystic ovarian syndrome	Vatavyadhi	
		Bhagandara (Fistula in ano)	Sthaulya (obesity)	
		Hyperthyroidism	Arsha (hemorrhoids)	
(13)	Sowa-Rigpa			Pad-kan smugpo (Peptic ulcer)
				Padkan (Kapha)
				Champa (Common cold and flue)
				rLung (Vata Vikara)
				Khal-nad (Kidney disorder)
				Pho-wai-nad (Udara vikara)
				Traig-rum (Arthritis)
				Trag-rlung stodsand (Hypertension)
				mKrispa (Pitta vikara)
				Lo-nad (Lungs disease)

Source:- Research Councils/ National Institutes