

**Central Council for Research in Yoga and Naturopathy**

**One month Free Yoga Training programme in 50 Residential Areas of Delhi conducted by  
Vivekanand Pratisthan Parishad, Vivekanand Hospital Yogashram, Khureji, Delhi-110051  
Ph:011-22502142 Email: [healing@bol.net.in](mailto:healing@bol.net.in)  
From 21.05.2016 to 21.06.2016**

S.No.	NAME	ADDRESS	PHONE	LOCALITY
1	Yogeshwari Sharma	Sarai Kale Khan,	95607068 21	Ramlila Ground Pandav Nagar.
2	BAL MUKUND MIS	692 SHALIMAR GARDEN SAHI	90152368 52	DILSHAD GARDEN
3	YOGINDER KUMAR	B151 SUN APT SHALIMAR G SAH	98113367 27	VIVEK VIHAR POLICE ST,SEEMA PURI
4	DR CHANDA	94APOCK A MAYUR VIHAR PH 2	95821413 82	SANJAY JHEEL PARK
5	MADHURI TIWARI	27 SHIVA KH VISHWAS NAG SHAH	98681497 15	JHILMIL C BLOCK PARK,SHIVA KHAND PARK
6	SEEMA CHAWLA	2323 HUDSON LINES,G.T.B N DEL	92681968 83	DELHI UNIVERCITY GULAB VATIKA
7	SHOBHA SHARMA	74 STATE A BALBIR NAG SHAHD	88006054 52	LAL QUARTER KRISHNA NAGAR
8	DIPTI GAUTAM	VILL SADARPUR SEC 45 NOIDA	83760233 54	SARASWATI KUNJ I P EXT
9	VANDANA JAIN	373/4ST 3 JHARKHAND RD BHO	96542046 98	BHOLANATH NGR,RAMLILA GRND,OLD D.C.P OFF
10	KISHORE LAL	K9/2 CIVIL LINE,ARUN NGR DEL	99111090 62	JAWAHAR PARK TIMARPUR,
11	RUPALI CHAURASIA	7 UNITED INDIA APT M.V.PH 1	95602057 74	D.D.A PARK,MAYUR VIHAR PH 1 EXT
12	VARUN NAUTIYAL	B71 A LANE 6 MANDAWALI	84473655 03	TIKONA PARK I.P.EXT

13	POOJA SHARMA	1038 SEC 3 VASUNDHARA GH	93111174 64	ARYA NAGAR APT I.P EXT
14	LOVNEET KAUR	34 ST 3 KUNDAN NAGAR	98992960 34	GEETA COLONY SAHID BHAGAT SINGH PARK
15	SONIA PAL	B-1675 SHASTRI NAGAR DELHI	99583306 15	Mahavir Park, Preet Vihar
16	HARISH CHANDRA	D-367 ST 13 LAXMI NAGAR	99536085 78	Police Station Jagat Puri & Police Station Shakarpur
17	Sangeeta Lende	3/2, J Extn, Laxmi Nagar	98684277 04	Gayan Kunj Park
18	YOGITA KUMAR	A-1/12 KRISHNA NGR	98107484 21	MINI STADIUM RAJGARH Colony, Delhi 31
19	Mahaveer Gaur	U 97, Shakarpur	87506330 60	Shiv Puri Park
20	Karuna Choudhary	11/50 Geeta Colony	98681122 80	BAHUBALI PARK
21	Sonia Nagpal	C 2 Golden Park, Shiv Puri	99535799 93	Dayanand Park
22	KRISHAN KUMAR	H NO 68 SUNDER BLO SHAKARPUR	93505289 00	Millinium Park, Ring Road
23	Kaushal Bhatia	6/331, Ist Floor, Geeta Colony	99994955 05	Geeta Colony 6 Block
24	SUMAN BANSAL	F 55 LAXMI NAGAR	98102962 83	School Block, Shakarpur, Delhi 92
25	Kavita Sharma	1/6010, Kabul Nagar Delhi 32	84700014 56	Defence Enclave Park
26	DEEPAK SHARMA	B-275 TAJPUR PAHARI BADARPUR	87506046 47	SAKET PARK
27	GOVIND SHARMA	KABOOL NAGAR	84473940 84	Sukh Vihar
28	ANURADHA	S-236 SCHOOL BLOCK SHAKAR PUR	97183885 64	MADHUBAN PARK
29	ARUN	SHASTRI NAGAR	96545025 21	Nirman Vihar

30	Sachin Kumar	L 54, Vijay Chowk	90156625 11	East Enclave, Nr LPS
31	RANJANA	B Block, Vivek Vihar	98734053 00	Park Near Dayanand School Vivek Vihar
32	Neelam Choudhary	708, Gali 17, west Guru Angad Ngr	99716418 22	MOTHER TERESA PARK PREET VIHAR
33	Satyendra Pandey	Shahdra	97118924 93	Deer Park, Dilshad Garden, Delhi 96
34	Mukesh Kumar	22A, East Guru angad Ngr	99113082 39	Chitra Vihar, Swasthya Vihar
35	Sanjay Kumar	RK Puram, Sec 2	99112612 24	Dist Park, Hauz Khas
36	Piyali Thakur	Mayur Vihar	98997910 52	Mayur Appts, Mayur Vihar
37	Vijay	16, Gali no. 6, Shastri Nagar	82853975 46	Kiran Vihar,
38	Deepanjali Chauhan	F 95B, Gali-5, Laxmi Ngr	95822815 63	Mahavir Park, Preet Vihar
39	Amit Sharma	3/41, Vishwas Nagar	99713045 05	CBD Ground, Vishwas Nagar
40	Manisha	748/34, Mundka Delhi 41	95607870 21	Goga Park, Mundka
41	Chhanda Alam	80, Rajori Appt, Rajori Garden	97174946 00	Priyadarshani Park, Rajori Garden, Delhi
42	Neeru Bhandari	E 339, Gali No 6, West Vinod Nagar	81300503 27	Ambedkar Park, West Vinod Nagar
43	Priyanka Sharma	A 116, Pocket B, Mayur Vihar II	96546947 95	Arya Samaj Mandir, Mayur Vihar PH - II
44	Anita	26 A/2, Chander Vihar, IP Extn	78383044 89	Modher Dairy Park, Madhu Vihar
45	Radhye Shyam	G 263, Sri Niwas Puri	90133124 77	Dayanand Colony, Monty Park Delhi 24
46	Vishnu Baghel	Jhilmil	99903924 66	Hans Appts, Karkardooma

47	Pramod Kumar	D 29/817, East Gokul Puri, Loni	88021026 52	Bank Enclave Cricket Stadium
48	Karan Singh	S 342 School Block, Shakarpur	97175652 35	DDA Park Nehru Eclave, Shool Block,
49	Shobha Kapila	43, Ram Ngr, Paharganj	98119445 48	Park Behind Daryaganj, Samta Sthal
50	Kailash Chandra	F 3, Laxmi Nagar Delhi 92	99999982 03	Bank Enclave Cricket Stadium

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**One month Free Yoga Training programme in 50 Residential Areas of Delhi conducted by  
Surya Foundation, B-3/330, Paschim Vihar, New Delhi-110063 Ph: 25253681,  
Email: [ino.surya@gmail.com](mailto:ino.surya@gmail.com)**

<b>S. No.</b>	<b>NAME</b>	<b>VENUE</b>	<b>MOBILE</b>
1	DR. R. S. DAWAS	CHILDREN PARK, IP EXTN., OPP VINOD NAGAR, DELHI	9811098160
2	DR. MADAN GOPAL BACHAS	PICNIC JVOTI COLONY, BALBIR NAGAR, DELHI -110032	9899909289
3	MRS. PINKI JAIN	GOVT. SCHOOL OF BALBIR NAGAR, DELHI	8510930586
4	DR. NEELAM JOSHI KANDPAL	D BLOCK PARK VASANT KUNJ NEW DELHI	8800315052
5	MS. GOPI	SATYA PARK NARAINA DEPOT NEAR SHADIPUR NEW DELHI 8	9873088032
6	MS. MANJU BHARTI	SURAJMAL PARK, VIVEK VIHAR, DELHI	9211483165
7	MRS. HEMA NEGI	LAXMI NAGAR, LALITA PARK	8377947477
8	NEERAJ KUMAR	A POCKET, RWA PARK, MAYUR VIHAR, DELHI-110091	9716856340

9	SH. NARENDRA SINGH BADWAL	5E, Z-BLOCK, PHASE-1, SHYAM VIHAR, NAJAFGARH, NEAR SECTOR-16B, DWARKA, NEW DELHI-110043	9717014545, 8586056035
10	SH. MANOJ KUMAR ( SIDDHANT SINGH)	JAHANPANAH CITY FOREST, SHEIKH SARAI PARK, NEW DELHI	9968413012
11	SH. MANOHAR MISHRA	E-10, BRAHMRISHNI YOGASHRAM, PANCHSEEL GARDEN, NAVEEN SHAHADRA, NEW DELHI-110032	9350025151
12	MRS. KAMINI SINGH	EAST GORAKH PARK, SHAHADARA, DELHI	9910918564
13	MRS. RAJ GUPTA	E-BLOCK PARK, KRISHNA NAGAR, DELHI-51	9868895388
14	SH. CHANDRA PRAKASH GUPTA	YOG BHARTI PUBLIC SCHOOL NEW ASHOK NAGAR, DELHI	9873709469 9013397858
15	DR. MADHU BHARDWAJ	Arjun Mohalla PARK, Maujpur, Delhi-110053	9958924934
16	SH. PRABODH KUMAR TIWARI	TALKTORA GARDEN, NEW DELHI	9868541201
17	SH. TARUN KUMAR SHARMA	SAKET 'N' BLOCK PARK, NEW DELHI	9910147545
18	MS. ANNU GUPTA	RAJA PARK, SAKUR BASTI, NEW DELHI	9999296617
19	Dr. BINITA SINGH	ANSARI ROAD PARK, DARIYAGANJ, NEW DELHI-110002	9868737641
20	MRS. RITU GUPTA & MRS. JYOTI SACHDEVA	ASHOK GARDEN, BHARAT NAGAR, ASHOK VIHAR, NEAR KANHEYA NAGAR METRO STATION, NEW DELHI	8800377244 9810737927

21	DR. NAVAL KISHORE	AGRASEN VATIKA, VIVEK VIHAR, DELHI-110095	9718425042
22	MRS. KIRAN RAWAT	PLOT NO.-234, DD ASOCIATE BUILDING, NAJAFGARH, DELHI	9599389552 8750306124
23	MRS. ARJU BALHARA	BAKKAR WALA, NEAR HOLI CHOWK, NANGLOI, DELHI-110041	9013883971
24	MS. GEETA	JAWAHAR NEHRU PARK, MUNDKA, NEW DELHI- 110041,	7503074942
25	MS. MAMTA	CHARITABLE HOSPITAL EA-80-81, INDERPURI, DELHI-110012	9540197115
26	YOGAGURU DR. MOHAN KARKI	B -56/2, STREET NO.-8, SHASHI GARDEN, PATPARGANJ, DELHI-110091	9911316600
27	MRS. NEHA VASISHT	DESU WALA PARK, MAYUR VIHAR, PHASE-1, DELHI	9911316685
28	SH. PIYUSH TIWARI	JAPANESE PARK, ROHINI SECTOR 11	9350963304
29	MR. JITENDER AHUJA	OPP G-106 PARK,KALKAJI, NEW DELHI 110019	9999222946
30	MS. SUHANA MITTAL	BINDRA PARK, RAJORI GARDEN, NEW DELHI	8285223313
31	MS. JASMIN SHARMA	JOINING METRO STATION KOHAT ENCLAVE, MD BLOCK, DDA PARK, PUITAMPURA, DELHI-110034	9811435828
32	SH. SUNIL GAUTAM	VJAY MANDAL PARK, MALVIYA NAGAR, DELHI	9212617779

33	SH. SHIBA LAL GANWALI	SATYAWATI COLLEGE, GROUND PHASE-3, ASHOK VIHAR, DELHI	9868347810
34	MS. GAYETRI JUNEJA	BRINDA PARK, RAJORI GARDEN, DELHI	9899245272
35	SH. VINOD SHARMA	SECTOR 71, MCD PRIMARY SCHOOL GROUND, KAVITA COLONY SCHOOL, NANGLOI, NEW DELHI-110041	9868854127,8 860891936
36	SH. VINOD MITTAL	DDA PARK, NEAR RADHA KRISHNA TEMPLE, TARUN ENCLAVE, PITAMPURA, DELHI	9811025113
37	DR. ANIL KUMAR SHARMA	DISTRICT PARK TAGORE GARDEN, DELHI	9810877801
38	MRS. KANNUSETHI	DDA PARK, M-BLOCK, DISTRICT PARK, VIKASPURI	9899811937
39	SH. SHIB DARSHAN GUPTA	DDA PARK SECTOR-6, BEHIND FIRE STATION, DWARKA, NEW DELHI	9891149547
40	MRS. AARTI AHUJHA	A/282, 2ND FLOOR VIKASPURI, ARYASAMAJ D-BLOCK VIKASPURI	9212992821
41	SH. BAL KRISHAN GOEL	LOTUS PARK TARUN ENCLAVE, DELHI	9650879885 9312405062
42	SH. SUBE SINGH	F-BLOCK DISTRICT PARK VIKASPURI	9868269272
43	SH. DEEPAK KUMAR	PUNJABI BAGH CLUB PARK, VIR SAWARKAR PARK, WEST PUNJABI BAGH, NEW DELHI	9811184296, 7042775196



44	DR. POONAM AHUJA	CAMP LOCATION LAJPAT BHAWAN, DELHI-110024	9999680285
45	MS. RASHMI ANAND	SANGAM VIHAR PARK, DELHI	9818962400
46	MS. PUSHPA SHARMA	D-BLOCK PARK, KALKAJI, NEW DELHI	9810032522
47	DR. PAWAN KUMAR AHUJA	ROSE GARDEN, NARANG COLONY, Tri Nagar, Delhi-110035	9873234222
48	SH. KAUSHAL KUMAR JHA	TEACHERS PARK, NIMRI COLONY, ASHOK VIHAR, PHASE-4, DELHI-110052	9650491709
49	DR. R. C. KALA	RAMAL SCHOOL PARK, SECTOR-3, ROHINI, DELHI-110085	9818797072
50	SH. TRIBHUWAN SINGH	SHIV MANDIR PARK, PASCHIM VIHAR, BEHIND JWALAHARI, NEW DELHI-110063	9654946912