

# Guidelines for reimbursement / settlement of Siddha treatment expenditure claims under insurance coverage

Following benchmarks for insurance coverage of Siddha treatment may be applicable for settlement /reimbursement of insurance claims

## 1. Eligible hospitals for Siddha treatment:

- Central or State Government hospitals
- NABH accredited Siddha Hospitals
- Teaching hospitals attached to Siddha colleges recognized by Central Government / Central Council of Indian Medicine
- Siddha hospitals having registration with a Government Authority under appropriate Act in a State/UT, minimum fifteen beds, minimum five qualified and registered Siddha doctors, adequate number of qualified paramedical staff, dedicated Siddha therapy sections and daily maintenance of medical records

## 2. Tentative list of diseases / disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization:-

Sl. No	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
1	2	3	4	5
1.	<b>Iraippu, Swasa Kasam, Kaba noigal etc.,</b> (Restrictive Obstructive Pulmonary Diseases, Bronchial Asthma and other respiratory disorders)	<ul style="list-style-type: none"> <li>• Difficulty in Breathing</li> <li>• Cough</li> <li>• Fever</li> <li>• Head ache</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Nasiyam Nasigaparanam Ottradam Pasai Pugai Poochu Ennai Poochu Ennai Kattu Patru Pottanam Varthi – Thiri Vedhu Peechu Suttigai Asanam Pranayamam Varmam application	3- 28 Days
2	<b>Sagana Vaatham</b> (Cervical Spondylosis, Cervical Spondylitis, Ankylosing Spondylitis of Cervical Spine, Cervical Disc Prolapse)	<ul style="list-style-type: none"> <li>• Persisting or radiating pain in cervical region</li> <li>• Restricted neck movements</li> <li>• Tenderness</li> <li>• Numbness</li> <li>• Vertigo</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu	7- 28 Days

			<p>Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p>	
3	<p><b>Thandaga Vaatham, Peraasana Nambu Thaabitham</b> (Lumbar Spondylosis, Sciatica, Low Back Pain, I.V.D.P, Spondylolysthesis)</p>	<ul style="list-style-type: none"> <li>• Persistent or radiating back pain</li> <li>• Restricted movements of low back/ hip region</li> <li>• Tenderness</li> <li>• Burning sensation</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p>	7- 28 Days
4	<p><b>Keel Vaayu Kumba Vaatham</b> (Arthritis, Frozen Shoulder, Periarthritis,</p>	<ul style="list-style-type: none"> <li>• Radiating or local pain in shoulder region</li> <li>• Restricted shoulder movements</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam</p>	7-28 Days

	Tendinitis, Brachial Neuralgia)	<ul style="list-style-type: none"> <li>• Tenderness</li> <li>• Numbness</li> <li>• Muscle wasting</li> </ul>	<p>Ennai Kizhi  Ennai Kattu  Ennai Poochu  Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi  Poochu  Patru  Pottanam  Pasai  Peechu  Kattu  Kali  Suttigai  Attai Vidal  Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	
5	<b>Pakka Vatham, Patcha Vaatham</b> (Paralysis, Monoplegia Hemiplegia, hemiparesis)	<ul style="list-style-type: none"> <li>• Weakness of one side of the body</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Numbness</li> <li>• Pain</li> <li>• Tremor</li> <li>• Difficulty in speech</li> </ul>	<p>Ennai Kuzhiyal  Kalichal / Vaanthi /  Kutram thannilai paduthal  Thokkanam  Ennai Kizhi  Ennai Kattu  Ennai Poochu  Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi  Poochu  Patru  Pottanam  Pasai  Peechu  Kattu  Kali  Suttigai  Attai Vidal  Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	14 – 35 Days

6	<b>Paanikkamba vaatham, Sirakamba vaatham</b>	<ul style="list-style-type: none"> <li>• Tremor</li> <li>• Stiffness of muscles</li> <li>• Muscle weakness</li> <li>• Difficulty in walking</li> <li>• Sluttering movements</li> <li>• Difficulty in speech</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam</p>	14- 28 Days
7	<b>Arpudtha Vaatham, Muga Vaatham</b> (Facial Paralysis)	<ul style="list-style-type: none"> <li>• Weakness of facial muscles</li> <li>• Drooping of eye lids</li> <li>• Numbness of facial muscles</li> <li>• Salivation</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai</p>	7- 21 Days

			Pranayamam Varmam application Asanam	
8	<b>Uthira Vaatha Suronitham, Paithaya Vatha Suronitham Vali Azhal Keelvayu</b> (Gout Arthritis SLE, Rheumatoid Arthritis),	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Swelling</li> <li>• Tenderness</li> <li>• Deformity</li> <li>• Burning sensation</li> <li>• Discolouration of skin</li> <li>• Palpable cutaneous nodules</li> <li>• Migrating arthritis</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	14-28 Days
9	<b>Vali Keelvayu</b> (Rheumatic Fever & Arthritis)	<ul style="list-style-type: none"> <li>• Pain and swelling in the joint</li> <li>• Immobility</li> <li>• Fever</li> <li>• low back Pain</li> <li>• Fleeting arthritis</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Thokkanam Ennai Kizhi Ennai Kattu Ennai Poochu Nasiyam Podi Kizhi Illai Kizhi Manar Kizhi Dhaniya Kizhi Poochu Patru Pottanam Pasai Peechu Kattu Kali Suttigai Attai Vidal	14-28 Days

			<p>Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	
10	<p><b>Sarvanga Vatham,</b>  Mutrudal vatham  (Cerebral and Cerebellar  atrophy, Neurological  Disorders, Fibromyalgia  )</p>	<ul style="list-style-type: none"> <li>• Generalized body pain</li> <li>• Stiffness</li> <li>• Numbness</li> <li>• Weakness</li> <li>• Feeling of coldness</li> </ul>	<p>Ennai Kuzhiyal  Kalichal  Vaanthi / Kutram  thannilai paduthal  Thokkanam  Ennai Kizhi  Ennai Kattu  Ennai Poochu  Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi  Poochu  Patru  Pottanam  Pasai  Peechu  Kattu  Kali  Suttigai  Attai Vidal  Ottradam  Varthi / Thiri  Vedhu  Thuvalai  Pranayamam  Varmam application  Asanam</p>	14-28 Days
11	<p><b>Azhal Keelvayu</b>  (Degenerative Joint  disorders Tennis  Elbow, Kuthi Kaal  Vaatham (Calcaneal  Spur)</p>	<ul style="list-style-type: none"> <li>• Joint pain</li> <li>• Restricted joint movements</li> <li>• Stiffness</li> <li>• Crepitus</li> <li>• Difficulty in walking</li> <li>• Difficulty in squatting</li> </ul>	<p>Ennai Kuzhiyal  Kalichal / Vaanthi /  Kutram thannilai paduthal  Thokkanam  Ennai Kizhi  Ennai Kattu  Ennai Poochu  Nasiyam  Podi Kizhi  Illai Kizhi  Manar Kizhi  Dhaniya Kizhi  Poochu  Patru  Pottanam  Pasai  Peechu</p>	14-28 Days

			Kattu Kali Suttigai Attai Vidal Ottradam Varthi / Thiri Vedhu Thuvalai Pranayamam Varmam application Asanam	
12	<b>Thol Noikal,          Kalanjaga Padai,          Karappan, Pathinen          Vagai Kuttam</b> (18 Types Kuttam - Skin Diseases), (Lichen Planus, Psoriasis, Eczema)	• Discolouration of skin • Patches • Itching • Scaling • Oozing • Peeling • Burning sensation • Numbness • Rashes	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai Poochu Patru Pasai Patti Kattal Seelai Podi Attai vidal Peechu Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	8-28 Days
13	<b>Pun, Katti, Koppulam,          Kiranthi, Pilavai</b> (Cellulitis, Necrotising Cellulitis, Erysipelas, Impetigo, Pemphiguo Vulgaris, Carbuncle etc., )	• Ulcer • Rashes • Blisters • Itching • Oozing • Burning sensation • Pain • Suppuration	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Dhaniya Kizhi Ennai Poochu Kaaram Kalimbu Kali Kattu Kuruthi Vaangal Kalikkam Neer Pugai	7- 28 Days

			Poochu Patru Pasai Patti Kattal Seelai Podi Attai vidal Peechu Nasiyam Suttigai Varthi Vedhu Aruvai Asanam Pranayamam Varmam application	
14	<b>Moolam, Pouthiram, Asana Vaai Vedippu, Katti, Adithallal</b> (Haemorrhoids, Fistula In Ano, Fissure In Ano, Perianal abscess, Rectal prolapse etc.,)	<ul style="list-style-type: none"> <li>• Constipation</li> <li>• Pain in anal region</li> <li>• Itching around anus</li> <li>• Burning sensation</li> <li>• Prolapse of mass from anus</li> <li>• Bleeding from anus</li> <li>• Pus from anus</li> </ul>	Ennai Kuzhiyal Kalichal Vaanthi / Kutram thannilai paduthal Kuruthi Vaangal Keeral Kaaram Kalikkam Kalimbu Kaara Nool Sikitchai Podi Patru Peechu Pasai Pugai Salaagai Attai Vidal Vedhu Varthi/Thiri Suttigai Seelai Aruvai Kali Asanam Pranayamam Varmam application	7- 14 Days
15	<b>Vindhanu Kuraipaadu, Malattu Thanmai</b> (Male Reproductive Disorders)	<ul style="list-style-type: none"> <li>• Fertility disorders (Male)</li> <li>• Oligospermia</li> <li>• Asthinospermia</li> <li>• Teratozoospermia</li> <li>• Azoospermia</li> <li>• Erectile dysfunction</li> <li>• Spermatorrhoea</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu	14-48 Days



			Asanam Pranayamam Varmam application	
16	<b>Karuppai Noikal, Soothaga Kattu, Soothaga Vali, Sinaippai Neer Katty, Athi Uthirapokku</b> (Amenorrhoea, Dysmenorrhoea, Anovulatory, PCOD / PCOS, D.U.B, Menopausal Disorders)	<ul style="list-style-type: none"> <li>• Irregular menstruation</li> <li>• Painful menstruation</li> <li>• Excessive menstruation</li> <li>• Excessive Vaginal discharge.</li> <li>• Uterine prolapse</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Kali Kattu Pattru Pottanam Ottradam Attai vidal Dhaniya Kizhi Poochu Asanam Pranayamam Varmam application	14- 48 Days
17	<b>Thasai Vaatham</b> (Muscular Dystrophy)	<ul style="list-style-type: none"> <li>• Weakness of muscles</li> <li>• Muscle wasting</li> <li>• Muscular hypertrophy</li> <li>• Difficulty in movements</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu Ennai Kattu Pattru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application	14-48 Days
18	<b>Kan Noigal</b> (Refractive Errors, Amblyopia, Chronic Allergic & Inflammatory Diseases, Chronic Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D, Retinopathy-Diabetic/ Hypertensive)	<ul style="list-style-type: none"> <li>• Diminished vision</li> <li>• Photophobia</li> <li>• Dyplopia</li> <li>• Watering of eyes</li> <li>• Pus formation in eyes</li> <li>• Itching of eyes</li> <li>• Strain &amp; pain in eyes</li> <li>• Restricted field of vision</li> <li>• Headache</li> <li>• Conjunctivitis</li> <li>• Stye</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Mai Kalikkam Poochu Neer Salaagai Peechu Ottradam Thokkanam Pranayamam Asanam Varma Thadaval Vedhu	7- 28 Days
19	<b>Soorya vartham, Chandra vartham, Thalaivali</b> (Migraine, idiopathic Headache)	<ul style="list-style-type: none"> <li>• Severe headache</li> <li>• Heaviness of head</li> <li>• Nausea</li> <li>• Photophobia</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu	7- 21 Days

			<p>Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Patru Thiri Pugai Sira Thokkanam Suttigai Attaividal Varma Thadavul Pranyamam Asanam Varmam application</p>	
20	<b>Enbu Murivu / Mootu nazhuval</b> / (Fracture/ Dislocation / Ligamental injuries)	<ul style="list-style-type: none"> <li>• Difficulty in movements / walking</li> <li>• Fracture</li> <li>• Dislocation of bone/ cartilage/ vertebrae</li> <li>• Pain</li> <li>• Swelling</li> <li>• Restricted or painful movements of associated area/ nearby muscles</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kattu Kombu Kattal Kalimbu Poochu Poochu Ottradam Pottanam Pasai Murichal Thokkanam Asanam Pranayamam Varmam application</p>	7-21 Days
21	<b>Vayiru / Kudal Noigal / Gunmam, Soolai, Peruvayiru, Vikkal, Kazhichal (Gastro intestinal disorders)</b>	<ul style="list-style-type: none"> <li>• Abdominal pain and discomfort</li> <li>• Flatulence</li> <li>• Constipation / Diarrhoea</li> <li>• Nausea / Vomiting</li> <li>• Digestive disorders</li> <li>• Fever</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Poochu Ottradam Pottanam Patru Peechu Attai vidal Thokkanam Asanam Pranayamam Varmam application</p>	14- 28 Days
22	<b>Kalleral / Manneeral / Kanaya Noigal (Liver, Spleen &amp; Pancreatic diseases)</b>	<ul style="list-style-type: none"> <li>• Nausea / Vomiting</li> <li>• Flatulence</li> <li>• Constipation / Diarrhoea</li> <li>• Indigesion</li> <li>• Abdominal pain and discomfort</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai</p>	14- 28 Days

		<ul style="list-style-type: none"> <li>• Dyspnea</li> <li>• Anaemia</li> <li>• Jaundice</li> <li>• Liver and Speen enlargement.</li> <li>• Madhumegam</li> </ul>	<p>Thokkanam Kali Patru Peechu Attail vidal Suttigai Asanam Pranayamam Varmam application</p>	
23	<b>Siruneeraga Noigal (Kidney disorders, Chronic renal failure, Renal calculi, UTI etc</b>	<ul style="list-style-type: none"> <li>• Dysruia</li> <li>• Anuria</li> <li>• Oliguria</li> <li>• Urinary obstruction</li> <li>• Renal colic</li> <li>• Haematuria</li> <li>• Pyuria</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vamanam / Kutram thannilai paduthal Poochu Ottradam Pottanam Pasai Thokkanam Kali Patru Peechu Attail vidal Suttigai Seelai Asanam Pranayamam Varmam application</p>	14- 28 Days
24	<b>Thottra noigal (Non communicable disorders such as Diabetes, Hypertension, Cardivascular disorders, Obesity, Cancer etc.,)</b>	<ul style="list-style-type: none"> <li>• Hyperglycaemic</li> <li>• Hypercholesterolemia</li> <li>• Diabetic ulcer</li> <li>• Giddiness</li> <li>• Neruopathy</li> <li>• Weakness</li> <li>• Nephropathy</li> <li>• Weight gain / loss</li> <li>• Depression</li> <li>• Pain</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaividal Varma Thadavul Pranyamam Asanam Varmam application</p>	14- 48 Days
25	<b>Mudhiyor noigal (Geriatrics / Nadukku vatham, Marathi</b>	<ul style="list-style-type: none"> <li>• Generalised debility</li> <li>• Degenerative disorders</li> </ul>	<p>Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal</p>	14- 48 Days

	<b>noigal , Alzemier's disease, Sleep disorders, Depression)</b>	<ul style="list-style-type: none"> <li>• Osteopenia &amp; Osteoporosis</li> <li>• Generalised body pain</li> <li>• Neuropathy</li> <li>• Tremour</li> <li>• Memory loss</li> <li>• Sleep disorders</li> </ul>	Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai Attaival Varma Thadavul Pranyamam Asanam Varmam application	
26	<b>Kuzhanthai Noigal (Paediatric diseases such as Sirakamba vatham, Thasai vatham, Valippu, Autism)</b>	<ul style="list-style-type: none"> <li>• Cerebral palsy</li> <li>• Infantile paralysis</li> <li>• Myopathy</li> <li>• Mental retardation</li> <li>• Nutritional disorders</li> <li>• Seizures</li> </ul>	Ennai Kuzhiyal Kalichal / Vamanam / Aamum Neekal Ennai Poochu Ennai Kattu Pattru Poochu Pasai Kali Ottradam Pottanam Podithimirthal Varmam application	14- 48 Days
27	<b>Mana noigal / Narambu Noigal) (Psychiatric disorders / Depression / Valippu, Sleep disorders, Nadukku vatham etc)</b>	<ul style="list-style-type: none"> <li>• Mood disorders</li> <li>• Sleep disorders</li> <li>• Tremour</li> <li>• Difficulty in movements</li> <li>• Psychiatric symptoms</li> </ul>	Ennai Kuzhiyal Kalichal / Vaanthi / Kutram thannilai paduthal Kalikkam Nasiyam Kattu Ottradam Pottanam Nasigaparanam Pasai Kali Vedhu Poochu Ennai Poochu Pattru Thiri Pugai Sira Thokkanam Suttigai	14- 48 Days

			Attaividal Varma Thadavul Pranyamam Asanam Varmam application	
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### 3. Benchmark costing of Siddha therapies / interventions:-

Unit cost per therapy/intervention means cost of procedure including cost of medicines used in the procedure as under

Therapy / Intervention		
No.	Treatment Name	Unit Cost in Rs
1	Aruvai	Rs.500/-
2	Asanam	Rs.500/-
3	Attai Vidal - (Leech Therapy)	Rs.350/-
4	Dhaniya Kizhi (Complete )	Rs.700/-
5	Dhaniya Kizhi (local)	Rs.350/-
6	Ennai Kattu (Medicated oil bandage for bone and joint Disorder, Muscle weakness)	Rs.200/-
7	Ennai Kizhi.(Complete)	Rs.700/-
8	Ennai Kizhi.(Local)	Rs.350/-
9	Ennai Kuliyal	Rs.500/-
10	Kaara Uppu (Local)	Rs.100/-
11	Kali	Rs.350/-
12	Kalikkam	Rs.150/-
13	Kalimbu,	Rs.350/-
14	Karanool application in Fistula (Initial) under L. A	Rs.1100/-
15	Karanool application in Fistula (Follow-up)	Rs.450/-
16	Karanool application in Piles / other conditions	Rs.450/-
17	Keeral	Rs.500/-
18	Kuruthi vaangal - Blood Letting (Cupping)	Rs.350/-
19	Kuruthi vaangal - Blood Letting (I&D and Dressing)	Rs.450/-
20	Mai	Rs.150/-
21	Manal Kizhi	Rs.350/-
22	Murichal & Kombu Kattal	Rs.500/-
23	Nasigaparanam	Rs..200/-
24	Nasiyam	Rs.200/-
25	Neer	Rs.200/-
26	Ottradam (fomentation)	Rs.550/-
27	Pattikattal	Rs.200/-
28	Pasai	Rs.350/-

29	Peetchu (Rectal oil Douche) (Enema)	Rs.200/-
30	Peetchu (Vaginal Douche)	Rs.200/-
31	Podi Kizhi.(Complete)	Rs.700/-
32	Podi Kizhi.(Local)	Rs.350/-
33	Podi Thimirthal	Rs.700/-
34	Poochu (Ennai application)	Rs.700/-
35	Poochu (Ennai application – local)	Rs.300/-
36	Pottanam (Bundle) /	Rs.550/-
37	Pranayamam	Rs.350/-
38	Pugai application in Piles and Fistula	Rs.200/-
39	Salaagai	Rs.350/-
40	Seelai	Rs.350/-
41	Sira Thokkanam with Medicated Ennai	Rs.550/-
42	Suttigai - Cauterization	Rs.150/-
43	Thokkanam (Complete) (Massage)	Rs.1000/-
44	Thokkanam (Local) (Massage)	Rs.500/-
45	Thuvalai	Rs.500/-
46	Vamanam (Herbal Kudinner or Tablets)	Rs.400/-
47	Varma Application	Rs.350/-
48	Varthi	Rs.150/-
49	Vedhu	Rs..200/-

**Note: Any minor / local Siddha procedure/ therapy not included in the above list may be charged @ Rs. 100/- per sitting for upto 28 days.**

#### **4. Determination of treatment expenditure for insurance coverage:**

For the purpose of settlement of Siddha treatment expenditure under health insurance policy, following criteria may be applied

- a) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure to settle insurance claim.
- b) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance and manpower (medical, paramedical and nursing) used in imparting therapies except room rent of the hospitalization.
- c) Pre and post procedure cost will be chargeable @ Rs 75 per day.
- d) 25% hike of the above rates shall be applicable for the treatment taken in NABH accredited hospital or any other hospital located in metropolitan city.
- e) Room rent etc shall be chargeable as per norms of the insurance company/insurance policy.

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