



Government of India

Ministry of AYUSH

INTERNATIONAL YOGA FEST

A Curtain Raiser for International Day of Yoga-2017

March 08-09, 2017 at Talkatora Stadium, New Delhi

&

POST FEST YOGA WORKSHOPS

By Eminent Yoga Masters

March 10th, 2017 at MDNIY, New Delhi



Organised by



Morarji Desai National Institute of Yoga

Ministry of AYUSH, Govt. of India

68, Ashok Road, Near Gole Dak Khana, New Delhi - 110 001

In collaboration with



Indian Yoga Association (IYA)



New Delhi Municipal Corporation (NDMC)

Morarji Desai National Institute of Yoga (MDNIY) is organising the '**International Yoga Fest (IYF), a Curtain Raiser for International Day of Yoga (IDY), 2017**' to sensitize the masses regarding celebration of IDY. MDNIY successfully organized the 1st International Yoga Fest from 20-22 April, 2016 at Talkatora Indoor Stadium. This year, the International Yoga Fest is being organised by MDNIY at **Talkatora Indoor Stadium, New Delhi, 110004** from **08-09 March, 2017**.

To make IDY a splendid and memorable one, the IYF will see the auspicious presence of eminent Yoga Gurus like Shri Shri Ravishankar, Swami Baba Ramdev, Sadhguru Jaggi Vasudev, Dr. Pranav Pandya, Dr. H.R. Nagendra, Smt. Geeta Iyengar, Sh. O.P. Tiwari, Smt. Hansa Jayadeva, Swami Bharat Bhushan, Swami Atmapriyananda, Swami Chidananda Muni, Yogacharini Meenakshi Devi Bhavanani, Yogacharya, Sh. S. Sridharan, Sister Shivani, Dr. M.V. Bhole, Swami Ritawan Bharati and many others from Yoga fraternity.

To celebrate **International Day of Yoga-2017** in a Big way, **International Yoga Fest** will comprise of following important events.

1. **Parallel Yoga Workshops by eminent Yoga Masters**
2. **Lecture/ Special Yoga Techniques / Yoga Demo by Yoga Masters**
3. **Satsang/ Isha Music/ Discourses/ Cultural Program by eminent Yoga Gurus**
4. **Yoga Demo by the students of leading Yoga Institutions / Yoga Professionals**
5. **A Day Seminar on Life Sketch and Contributions of Swami Ved Bharati and Shri T.K.V. Desikachar for the promotion and development of Yoga.**

SCHEDULE

Day – One: 08 March, 2017

| S. No. | Timings | Activities |
|--------|--------------------------|---|
| 1. | 09.00 a.m. to 10.00 a.m. | Registration |
| 2. | 10.00 a.m. to 01.00 p.m. | Inauguration of the Fest |
| 3. | 01.00 p.m. to 02.30 p.m. | Lunch |
| 4. | 02.30 p.m. to 05.30 p.m. | Talk / Discourses by Eminent Yoga Masters / Experts |
| 5. | 05.30 p.m. to 06.00 p.m. | Break |
| 6. | 06.00 p.m. to 08.00 p.m. | Cultural Program/Yoga Demo by the students of leading Yoga Institutions |

Day – Two: 09 March, 2017

| S. No. | Timings | Activities |
|--------|--------------------------|--|
| 1. | 07.00 a.m. to 09.00 a.m. | Parallel Yoga Workshops by Yoga Masters |
| 2. | 09.00 a.m. to 10.00 a.m. | Breakfast |
| 3. | 10.00 a.m. to 01.00 p.m. | Seminar on Life Sketch and Contributions of Swami Ved Bharati and Shri T.K.V. Desikachar for the promotion and development of Yoga |
| 4. | 01.00 p.m. to 02.00 p.m. | Lunch |
| 5. | 02.30 p.m. to 04.30 p.m. | Quiz Competition, Elocution Competition, Best Paper Research Presentation etc. on the theme of Yoga for Diabetes Control |
| 6. | 04.30 p.m. to 05.00 p.m. | Break |
| 7. | 05.00 p.m. to 06.30 p.m. | Valedictory Function |

Note: Quiz Competition on Patanjali Yoga Sutras, Shrimad Bhagavad Gita, Siddha Siddhanta Paddhati and Hatha Pradipika. For Quiz Competition, the 1st and 2nd Cash Prize is ₹10,000 & ₹5,000 respectively. Elocution Competition and Best Poster Presentation on the subject- Yoga for Diabetes Control will be organized during the International Yoga Fest - 2017. The 1st & 2nd Cash Prize for these two competitions will be ₹5,000 & ₹2,500 respectively. The interested Universities / Institutes / colleges may participate in each Competition with their max. two students. The nominations must reach the Institute latest by on or before 08th March, 2017.

POST FEST YOGA WORKSHOPS at MDNIY

by Leading Yoga Masters of different Schools of Yoga

(March 10th, 2017)

| S. No. | Timings | Activities |
|--------|--------------------------|---|
| 1. | 07.00 a.m. to 09.00 a.m. | Parallel Yoga Workshops by Yoga Masters |
| 2. | 09.00 a.m. to 10.00 a.m. | Breakfast |
| 3. | 10.00 p.m. to 01.00 p.m. | Special Yoga Techniques / Parallel Yoga Workshops |
| 4. | 01.00 p.m. to 02.30 p.m. | Lunch |
| 5. | 02.30 p.m. to 05.30 p.m. | Special Yoga Techniques / Parallel Yoga Workshops |
| 6. | 06.00 p.m. to 07.30 p.m. | Cultural Programme |

A Day Seminar (March 09, 2017)

A Day Seminar on Life Sketch and Contributions of Swami Ved Bharati and Shri T.K.V. Desikachar for the promotion and development of Yoga.



Mahamandaleshwar Sri Swami Veda Bharati (1933- July 14, 2015), was a rare Sanskrit scholar of our time, unsurpassed in his profound depth of knowledge, philosophy and practice of Meditation. Having never attended any school, he received his M.A. from the University of London and a D.Litt. from the University of Utrecht in the Netherlands. Prepared on the occasion of the United Nations 2000 World Peace Summit of Leaders in Religion and Spirituality, his short work, "Unifying Streams in Religions," provides a fresh perspective for bringing the different faiths closer together.



Shri TKV Desikachar, is the son and student of Legendary Yogi **T Krishnamacharya**. For over 50 years, TKV Desikachar has devoted himself to teaching Yoga and making it relevant to people from all walks of life and with all kinds of abilities. On April 14th, 1976, Desikachar ji and a colleague founded the **Krishnamacharya Yoga Mandiram (KYM)**. Perhaps it is a divine coincidence that June 21, known as Summer Solstice declared as **International Day of Yoga** by UNO, happens to be the birth day of Shri TKV Desikachar.

Parallel Yoga Workshops (March 08-09, 2017)

Parallel Yoga Workshops will be conducted by

1. The Art of Living, Bangalore
2. Patanjali Yoga Peeth, Haridwar
3. Isha Foundation, Coimbatore
4. Parmarth Niketan, Rishikesh
5. SVYASA University, Bangalore
6. Kaivalyadhama, Lonavala, Distt. Pune
7. The Yoga Institute, Santacruz, Mumbai
8. Ramamani Iyengar Memorial Yoga Institute, Pune
9. Morarji Desai National Institute of Yoga New Delhi
10. Prajapita Brahma Kumaris Ishwariya Vishwavidyalaya, Mount Abu
11. Mokshayatan International Yogashram, Saharanpur
12. Krishnamacharya Yoga Mandiram, Chennai
13. Swami Ram Sadhaka Grama, Rishikesh
14. Dev Sanskriti Vishwavidyalaya, Haridwar
15. Shri Aurobindo Ashram, Puducherry
16. Adhyatma Sadhna Kendra, New Delhi
17. Shivananda Yoga Vedanta Centre, New Delhi
18. Gurukula Kangri Vishwavidyalaya, Haridwar

Note

- Each Yoga workshop will be conducted by eminent Yoga Masters for about 2 hours each.
- Lecture by eminent Yoga Masters.
- The timings of the Fest would be from 07.00 am to 7:30 pm.
- Entry is Free. It is open for all Yoga Enthusiasts.
- Working Lunch for all the participants.
- No Accommodation facilities will be provided by the Institute.
- The details of the Yoga Workshops, Resource persons etc. may be obtained from the websites of the IDY and MDNIY.

Additional Events

- Satsang
- Yoga Based Cultural Programmes
- Yoga by the students of leading Yoga Institutions
- Yoga Demonstration
- Isha Music
- Quiz Competition
- Exhibition / Poster Presentation
- Natural Food Stalls

Participating Ministries

1. Ministry of AYUSH
2. Ministry of External Affairs
3. Ministry of Finance
4. Ministry of Information and Broadcasting
5. Ministry of Home Affairs
6. Ministry of Culture
7. Ministry of Tourism
8. Ministry of Youth Affairs & Sports
9. Department of Personnel and Training (DOPT)
10. Other Ministries of Government of India

Participating Institutes/Organisations

1. Art of Living Foundation, Bangalore
2. Patanjali Yoga Peetha, Haridwar
3. Isha Foundation, Coimbatore
4. Prajapita Brahma Kumaris Ishwariya University, Mount Abu
5. SVYASA University, Bangalore
6. Kaivalyadhama, Lonavla, Pune
7. The Yoga Institute, Santacruz, Mumbai
8. Lakulish Yoga University, Ahmedabad
9. Parmarth Niketan, Haridwar
10. Morarji Desai National Institute of Yoga, New Delhi
11. Dev Sanskriti Vishwavidyalaya, Haridwar
12. Ramamani Iyengar Memorial Yoga Institute, Pune
13. Amrita University, Amrita Puri, Kerala
14. Krishnamacharya Yoga Mandiram, Chennai
15. Vidya Bharti, New Delhi
16. Mokshayatan Yogashram, Saharanpur
17. Gurukul Kangri Vishwavidyalaya, Haridwar
18. CCRYN, New Delhi
19. Bihar School of Yoga, Munger
20. Swami Ram Sadhaka Gram, Rishikesh
21. Ramakrishan Mission, Kolkata
22. Adhyatm Sadhna Kendra, New Delhi
23. Shri Aurobindo Ashram, Puducherry
24. International Centre of Yoga Education and Research, Puducherry
25. Indian Yoga Association, New Delhi
26. New Delhi Municipal Corporation (NDMC)
27. International Naturopathy Organization, Delhi
28. Ujjain Yoga Life Society, Ujjain
29. Light on Yoga Research Trust, Mumbai
30. Yoga Vidya Gurukul, Nashik, Maharashtra
31. Ghantali Mitra Mandal, Thane
32. Yoga in daily Life Foundation of Swami Maheshwaranandaji, Rajasthan
33. Yoga Vidya Niketan, Mumbai
34. Shivananda Yoga Vedanta Centre, New Delhi
35. Bhartiya Yoga Sansthan, Mangalam Place, Delhi
36. Department of Yoga in Universities/Central Universities like Bhopal, Mangalore, Amarkantak etc.
37. NCC, NSS, Scouts & Guides, Armed Forces and Para-Military Forces will also participate
38. Preksha International, Jain Vishwa Bharati, Ladnun
39. Bharatiya Yoga Vidya Dham, Nasik
40. Sahayog Mandir, Thane
41. Gujarat Ayurved University
42. HVP Mandal, Amravati, Maharashtra

For further details, please contact:

Director

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