

**F.No. T. 18020/1/2020-DCC(AYUSH)  
Government of India  
Ministry of AYUSH**

**NBCC, Office Block-3, 2<sup>nd</sup> Floor  
East Kidwai Nagar,  
New Delhi-110023  
Dated: May, 2021**

**To,**

**All State Indian Medicine and Homoeopathy Boards/ Councils.**

**Subject:- Directions for Ayush fraternity/physicians to prescribe Ayush 64 and Kabasura Kudineer to Asymptomatic, Mild and Moderate COVID-19 patients in Home Isolation as per SoP -reg.**

Sir/Madam,

I am directed to inform that AYUSH 64, a poly herbal formulation developed by the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of AYUSH has been scientifically found to be useful in the treatment of asymptomatic & mild cases as standalone and for the management of mild and moderate COVID-19 infection as an adjunct to standard care through robust clinical trials conducted in the country. Also Kabasura kudineer a Siddha formulation with more than 15 ingredients has been recommended for the treatment of asymptomatic, mild, and moderate COVID-19 disease and its efficacy has been demonstrated through robust scientific studies. AYUSH 64 and Kabasura Kudineer are also recommended in National Clinical Management Protocol based on Ayurveda and Yoga and Guidelines for Siddha Practitioners for Home Quarantine COVID-19 Patients respectively.

2. In view of above, the respective State Boards may write to all registered practitioners to use the said medicines as per the attached document of SoP's in Asymptomatic, Mild and Moderate COVID-19 patients in Home Isolation.

3. Copy of such directions issued may be emailed at dcc-ayush@nic.in for information.

This issues with the approval of Competent Authority.

**Enclosed: As above**

**Yours Faithfully**

**(Dr. S.R.Chinta)  
Deputy Advisor  
Drug Policy Section**

**Copy for necessary action to:**

**(i) Chairman, Board of Governors, Central Council of Indian Medicine, New Delhi;**

**(ii) Chairman, Board of Governors, Central Council of Homoeopathy, New Delhi.**

