

GUIDELINES FOR SETTING UP OF 10 BEDDED INTEGRATED AYUSH HOSPITAL AT DISTRICT LEVEL IN THE NORTH EASTERN STATES AND OTHER HILLY STATES

Background:

AYUSH system of medicines has assumed great significance with the emergence of life-style related diseases and on this account is becoming increasingly popular in the country including the NE States.

Although some of the practices of these systems are prevalent in the NE States, large scale promotion of these Systems in these states has remained very limited, mainly on account of poor physical infrastructure. Therefore, it is considered necessary to provide for necessary by way of setting up 10 bedded integrated AYUSH Hospitals for creation of awareness as well as providing quality services to the people in Assam, Meghalaya, Nagaland, Arunachal Pradesh and Sikkim.

Objective

With a view to develop required infrastructure for facilitating promotion of AYUSH in the North Eastern states of Assam, Meghalaya, Nagaland, Arunachal Pradesh and Sikkim, it is proposed to set up one integrated AYUSH hospital in each State during XI Plan at the District level in a phased manner. The District level Hospital will serve as the nucleus for provision of quality health care facilities as well as promotion of AYUSH on a long term basis.

2.2. The concerned State Governments would be required to provide developed land as well as available physical infrastructures for setting up the AYUSH hospital at the district level. Till a new building is constructed, the hospital may be set-up in the available Government or in hired accommodation.

2.3 Outdoor and Indoor facilities, will be provided in the hospital keeping in view the preference of the local population to individual AYUSH stream. Doctors and paramedics may be engaged on contract basis on similar lines as in case of NRHM. The Hospital may be started initially with OPD services.

Pattern of Assistance

(Rs. in crores)

Sl. No.	One time Expenditure	10 beds	Remarks
1.	Construction of Hospital building with lump sum provision for staff quarters:	2.02	Details is given in Annexure-II
2.	Equipment and Furniture :	0.52	Details is given in Annexure-III
	Total	2.54 (one time)	
3.	Drugs & materials and diet	0.10	
4.	Salaries	00.37	List of Proposed manpower is given in Annexure-I
	Total	0.47 per annum	
	Grand Total	3.01 Crores	

1. Funding of different components will be done on a gap filling basis. The financial assistance for the component will be limited to the actual requirement, subject to the ceiling prescribed above.
2. 85% of the admissible assistance will be provided as grants-in-aid by the Central Government and balance 15% shall have to be met by the State (notional cost of land/building).
3. Admissible financial assistance under the scheme will be released to the State Health Society.
4. Financial assistance under the scheme will be normally released in two installments.

General Terms and Conditions:

1. The Grantee organization shall take necessary action to utilize the amount within the same financial year. In the event of failure to utilize part or full of the amount during the year, details thereof shall be reported to the Department for placing before the screening committee for decision.
2. The Grantee organization shall have to submit six monthly reports indicating physical progress of the work and the attendance of the patients, in the AYUSH unit.
3. The grantee organization shall have to take action for provision of the required manpower.
4. The adequate AMC provision should be made for upkeep and maintenance service of the newly constructed building.
5. Proper Bio-Medical waste management system should be established in the hospital.
6. Water harvesting facility should be provided in the hospital building.
7. The building should be environmental friendly and may suit to the local culture of the NE States.

4. General:-

4.1 Processing and sanction of proposals:-

A Screening Committee, constituted with following members, will consider the proposals under the Scheme for sanction of admissible assistance.

i. Secretary (AYUSH)	Chairperson
ii. Joint Secretary (AYUSH)	Member
iii. Joint Secretary & F.A. or his nominee	Member
iv. Adviser (Ayurveda)	Member
v. Adviser (Unani)	Member
vi. Adviser (Homoeopathy)	Member
vii. Director (CCRYN)	Member
viii. Concerned Director/Dy. Secretary	Member Secretary

Other persons may be co-opted as deemed necessary with the approval of the Chairperson.

4.2 Evaluation of the Scheme:-

This scheme will be evaluated during the end of 11th Plan for further scaling up of the units in N.E. States.

MANPOWER REQUIREMENT :

FOR 10 BEDDED AYUSH HOSPITAL:-

S. No.	Name of the Post	Required for 10 beds
1.	SMO(One Panchkarma Specialist)	2
2.	Medical Officer	2 (1+1)
3.	Nursing Staff	3
4.	Panchkarma Technician	2(1+1) M/F
5.	Yoga instructor	1*
6.	Pharmacist/Dispenser	2(1 + 1)
7.	Laboratory Technician	1 *
8.	Assistant	1
9.	Registration Clerk	1*
10.	Data Entry Operator	1
11.	Ward boys/Aayah	2 *
12	Sweeper/Jamadars	2 *
13	Cook	1*
14	Chowkidar	2 *
12.	Peon	1*
13.	Dresser	1*
14.	Midwife	1*

Posts No. 2 to 5 may be contractual staff on consolidated salary.**Posts No. 6 to 16 (Total 15 staff) may be outsourced.*****Common for both the systems.**

ANNEXURE -II**Building Specification for 10 Bedded AYUSH Hospital:-**

S. No.	PARTICULARS	CARPET AREA in Sq. Ft.
1.	SMO office room with attached toilet for both Ayurveda and Homoeopathy.	300(150x2)
2.	Consulting Room - 2	200 (100 X 2)
3.	Clinical laboratory for investigation	200
4.	Minor OT	200
5.	Labor room	200
6.	Panchakarma Theatre	400 (200x2) M/F
7.	Central store for linen etc.	200
8.	Separate Medicine store for Ayurveda and Homoeopathy	600
9.	Separate Dispensing room for Ayurveda and Homoeopathy.	400(200 X 2)
10.	Canteen (Kitchen, store,)	400
11.	2 wards of 5 beds each.	500(250x2)
12.	Nurses duty room	100
13.	Separate adequate area for Yoga and Naturopathy practice	200
14.	Registration room	100
15.	Dressing Room	100

List of Equipments:-

A. Panchakarma

1. Droni: Minimum 7ft.X2.5 ft. (wood or Fibre)
2. Appropriate stand to fix droni: 2.5 ft. height
3. Swedana chamber and nadi swedan yantra
4. Footstool – 1
5. Stool – 1
6. Arm Chair - 1
7. Heating facilities
8. Heating Pan
9. Shirodhara stand and shirodhara table
10. Basti yantra
11. Uttara Basti Yantra for males and females
12. Bedpan (male and female)
13. Vamana set
14. Kidney trays
15. Nasyakarma set
16. Stethoscope – 1
17. Sphygmomanometer – 1
18. Thermometer – 1
19. Hot water – bath
20. Pressure cooker (5 litres) – 1
21. Small pillows covered with rexin sheet- 2
22. Small almirah – 1
23. Plastic aprons, gloves and masks
24. Knife and scissor – 1 each
25. Clock – 1 and stop watch – 1
26. Hot water facility
27. Exhaust fans – minimum 1
28. Sufficient light and ventilation
29. Autoclave equipment for sterilization

B. Ksharasutra:-

1. Ksharasutra Cabinet
2. Autoclave
3. OT instruments
4. OT table
5. Linen, cotton, Apron
6. OT light
7. Consumables

C. Uttarbasti:-

1. Sterilizer or autoclave
2. Hot water bag

3. Kidney tray
4. Sims speculum
5. Anterior vaginal wall retractor
6. Vulsellum
7. Uterine sound
8. Swab holder
9. Artery forceps
10. Toothed forceps
11. Metallic or disposable insemination canula
12. Good light source
13. Table having bars for giving lithotomy position
14. Disposable syringes
15. Sterilized gloves
16. Sterilized Gauze
17. Foley's catheter (Various sizes as per requirement)
18. Sterilized cotton
19. Sterilized tampons
20. Sterilized medicine (Medicated Ghee or oil or decoction used for treatment of Uttarbasti)

D. Raktamokshana (Leech Therapy):-

- | | | |
|---|---|---|
| 1. Storage Aquarium for fresh leeches | : | 20-25 litres capacity (May be with partitions) |
| 2. Glass container (1 litre capacity) for | : | 5-10 (for each patient requires separate container and the number may vary according to the number of patients) |
| 3. Leeches | : | (As per the requirement usually 3-5 leeches per patient/treatment period) |
| 4. Surgical table | : | 02 |
| 5. Surgical trolley | : | 04 |
| 6. Surgical tray | : | 05 |
| 7. Instrument | : | Different types of Forceps, Scissors, Needles, Suturing material etc. (As per the requirement) |
| 8. Dressing tray with gloves, Bandage Cloth Bandages etc. | : | (As per the requirement) |
| 9. Materials | : | Turmeric, Saindhavalavan, Jatyadi Ghrita, honey (As per the requirement) |

APPLICATION FORM

SETTING UP OF INTEGRATED AYUSH HOSPITAL AT DISTRICT LEVEL IN THE NORTH EASTERN STATES:

Part-I

1. Name of State / UT
2. Name, designation & address of the contact person including Tele. No., Fax No. and E-mail address:
3. Unique identification number (UID) of the Health Society, to which fund sanctioned under scheme will be debited:
4. Gist of proposal:
 - i. Name, location and address of the proposed hospital
 - ii. Total land available for the proposed hospital
 - iii. Total available constructed area
 - iv. Total manpower available at present
 - v. The systems of medicine proposed
 - vi. The average OPD attendance (if already functional)
 - vii. Support Required:
 - a. Construction of building
 - b. Equipments and furniture (As per Annexure-III)
 - c. Medicines, materials, diet and contingency
 - d. Manpower (As per Annexure-I)
5. Grand total of proposal:
6. Whether grant-in-aid of similar nature has been received from any other source, if so, the details thereof:
7. Quantum of monetary contribution, from the State towards the proposed project:
8. Name of the authority responsible for submitting the utilization funds related documents and progress report:
9. Any other relevant information:

Signature with seal of the Secretary/Commissioner Health

Part- II

Recommendation of the State government

Subject: Assistance for.....

1. The proposal for sanction of financial assistance has been scrutinized by the Office of the
2. The State Government recommends a grant of Rs
(Rupees) for the purpose of setting up of integrated AYUSH hospital at district level in the north eastern states:
3. The grant is applied for purpose which is in accordance with the norms prescribed by the Department of AYUSH, Ministry of Health & Family Welfare, New Delhi.

4. It is also certified that:

- a. Sufficient land is available for the setting up of the integrated AYUSH hospital and the said land is registered in the name of the State Government.
- b. State Government have examined the audited statement of accounts for the last 3 years and are satisfied that the grant-in-aid asked for by them is justified by their financial position and that all previous grants received by them from various sources have been utilized for the purposes for which the grants were sanctioned.
- c. There is nothing against the facility or its office bearers/ staff which should disqualify them from receiving the financial assistance from the Government of India. It is also certified that the institution or and of its office bearers is not involved in any corrupt practices and court proceedings.
- d. The information provided by the facility for its application for grant is true and complete in all respect.
- e. The facility has furnished utilization certificates and related documents in respect of the previous grant if any received.
- f. Provision has been kept in the state budget for meeting matching contribution (15%) for meeting the State share as required under the scheme.

II. The full justification for which the grant is required (Please give detailed break-up):

III. Whether the applicant has received any Assistance for the above purpose from the Central/State Govt./other Govt. agency in the past? If so, the details thereof (year-wise).

Date.....

Signature with seal of the Secretary to the Government